A sample entry and a contrived acronym (aca). Second use: aca.
Second use: cas.
First letter upper case: Sample. First use: A contrived acronym (aca).
Subsequent use: Aca. Plurals: Samples. First use: Contrived acronyms (cas).
Next: Cas.
If you want paragraph breaks in the description use \longnewglossaryentry, as with entry par.
Title case a particular field: A Sample Entry.

Glossary

aca  a contrived acronym. 1

par  A long description with a paragraph break.
    This is the next paragraph. 1

sample  a sample entry. 1